



EBC 21-Day Prayer and Fasting Guide

Arise, shine; for thy light is come, and the glory of the LORD is risen upon thee.
(Isaiah 60:1)

When you give God your first through fasting, prayer and giving at the beginning of the year, you set the course for the entire year. (Matthew 6:33)

Our corporate period of prayer and fasting will begin on January 2, 2018 and will end on January 23, 2018. As part of your devotional time in 2018, add the 21 Scriptures outlined in this guide to your time with God. Meditate on the Scripture identified for each of the 21 days.

What is fasting?

Biblical fasting is a spiritual discipline that will bring you rewards in earth and heaven.

While there are several types of fasting, we encourage you to seek the Lord through prayer and supplication and he will guide you. One example:

The Daniel Fast: Eat no meat, no sweets and no bread. Drink water and juice. Eat Fruits and vegetables.

Remember that fasting is a personal decision as you seek God's blessings (Isaiah 58, Jeremiah 14:12, 1 Corinthians 8:8.) Before beginning any fast, it is important that everyone seek medical counsel where necessary. Those who are diabetic, expecting, nursing, or have a physical condition that depends on a regular diet, should talk to a doctor.

Day #1
[1 Corinthians 9:22](#)

Day #2
[Mark 16:15](#)

Day #3
[Matthew 28:19-20](#)

Day #4
[Romans 10:10-17](#)

Day #5
[Matthew 9:37-38](#)

Day #6
[1 Peter 3:15](#)

Day #7
[Isaiah 6:8](#)

Day #8
[Romans 1:16](#)

Day #9
[Acts 1:8](#)

Day #10
[2 Timothy 4:5](#)

Day #11
[Mark 16:15-16](#)

Day #12
[Colossians 4:2-6](#)

Day #13
[Luke 19:10](#)

Day #14
[1 Corinthians 1:17](#)

Why do we pray?

In any relationship, good communication is para-mount. God cares about you and deeply loves you. He wants you to reach out and talk to Him through prayer. It is impossible to develop intimacy with God without prayer. Don't let the enemy deceive you into thinking that you are not worthy to pray to God due to the amount of sin in your life. Jesus had to die for all people, since all have sinned. Through his shed blood, we can openly approach and speak with God.

Pray without ceasing (1 Thessalonians 5:17).

Why do we give?

Begin 2018 aligned with God's Word about first fruits, "*Honor the Lord with your wealth, with the firstfruits of all your crops; then your barns will be filled to overflowing, and your vats will brim over with new wine.*"

Everything you have belongs to God so honor the Lord with a First Fruits offering in January from the first of your harvest -- your wages from the first day, the first week, the first month or the first year -- above your normal tithes and offerings.

Notes:

Day #15
[Matthew 5:14-16](#)

Day #16
[Luke 14:27](#)

Day #17
[Ephesians 4:11-14](#)

Day #18
[2 Timothy 2:2](#)

Day #19
[Acts 2:42](#)

Day #20
[Luke 14:33](#)

Day #21
[Acts 5:42](#)

